



4-H GROWS HERE Crittenden County



Martin-Gatton
College of Agriculture,
Food and Environment

4-H YOUTH DEVELOPMENT




December 2023/
January 2024



A note from your 4-H Agent.

Wow! I can't believe Christams and a New Year are almost here! We just wrapped up our poinsettia sales and you all did a great job!!! Thank you to everyone who ordered and who sold, we sold 295. Woohoo! Be sure to check out all the fun stuff going on in 4-H and get involved! This newsletter will have activities for December and January included. Call our office to join a club or adults to volunteer with a club! *I hope everyone has a very Merry Christmas and Happy New Year!*

Please help us Stuff the Bus by dropping off your teen items to CCMS or the Extension office by December 15th !



Help CCMS "STUFF the BUS"
November 28th to December 13th

Community Drop off - December 13th 9:00am-1:00pm @ Crittenden County Middle School

Items will be donated to Crittenden County Community Christmas

SEND in your items to **CCMS** on or before **December 13th** **OR drop off at local participating businesses.**

Non-food items collected are targeting the **TEENAGE** age group.

Ideas for items to be collected:

- Non-perishable food items
- Personal Care items
- Lotions, perfume, cologne, body wash
- Ear buds, phone chargers, small electronics
- Hats/caps, Toboggans
- Scarves & Gloves
- Books, Journal, Mandal Coloring books
- Gift cards
- Pens/Colored pencils
- Make-Up, Nail Polish
- Athletic crew socks/sport socks
- Hats & Caps
- Drink tumblers/reusable water bottles
- Clothes
- Wallets, purses
- Jewelry, hair scrunchies
- Fun items for their rooms
- Other small items for teens

Coordinated by the Middle School 4-H Step Up to Leadership Club & High School 4-H Leadership Club
For more information call: 270-965-5236 Leslea Barnes, 4-H Youth Development Agent or Tiffany Blazina Personnel/Public Relations Director, Crittenden County Schools.

Cooperative Extension Service

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Leslea Barnes

Leslea Barnes, UK Extension Agent
4-H Youth Development

SIGN UP NOW!!



4-H Country Ham Project



Learn the age-old art of curing smoked country hams like our ancestors did



Who: Any Crittenden County youth between the ages of 9-18. (Must be 9 yrs. old by Jan. 1, 2024)

What: Youth will salt, rinse & shape hams. (These 3-4 meetings will be on Saturday morning in Kuttawa during the winter.) All participants must attend the Kentucky State Fair on August 15, 2024 and compete in the Country Ham Speech Contest.

Cost: The project cost \$70 and youth will receive two hams to cure and take home after the project is completed.



Where: Register at the Crittenden County Extension Service, 1534 US 60E. The deadline to register is Monday, December 11, 2023.

Consider making a Christmas donation to the 4-H camp fund and sponsor a child in need for 4-H camp! Call our office for more information!

GEOLOGY CLUB

Join this amazing club and dig deeper to learn more about fossils, rocks and minerals! We have an exciting year planned! The next meeting will be Monday, December 4th at the Ben E. Clement Mineral Museum starting at 3:30pm. **YOUTH MUST SIGN UP AT OUR OFFICE PRIOR TO THE CLUB MEETING.** If your child needs to be picked up at school, the club volunteers can do that, but you must talk with us at the Extension Office before that can happen. Depending on ride situation, club size may be limited so don't hesitate to sign up. No charge to join!



Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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Disabilities accommodated with prior notification.

EARLY AMERICAN HERITAGE PROJECT CLUB



If you are in grades 6th-12th and enjoy history and being outdoors then be sure to check out this fun and historical club. Members have been

learning how soldiers drilled in the 18th century, what they ate, how they survived on the campaign trail and had black powder shoots. If you are interested in joining, be sure to call our office! We meet on the 1st Thursday of each month at the Extension Park.



CLOVERBUDS

Cloverbuds are having fun learning and discovering 4-H! Join us Dec. 13th!



Be sure to send a note to school to stay!

Be a part of our 4-H Council!

You are invited to attend our next meeting Jan. 9th at 8:05 AM

HORSE CLUB!



If you love horses, then you will want to be a part of this club. You don't even have to own a horse to join. Come and learn more about

the care, safety and nutrition of horses and have fun with all the great opportunities this club will offer. Next meeting is Wednesday, December 13th at 4:00 PM at the Extension Annex. Call our office for more information!

LIVESTOCK CLUB!



Do you want to learn more about livestock? Are you interested in showing animals or poultry? You don't even have to own livestock to join. Come and learn more about the care, safety and nutrition of all

kinds of livestock and have fun with all the great opportunities this club will offer. Next meeting is Wednesday, December 6th at 4:00 PM at the Extension Annex. Call our office for more information!

Leadership Clubs!

Our Middle School and High School Leadership Clubs have been meeting and we have over 70 youth!!! Youth can join at any time and we meet during school hours.

Leadership Clubs provide youth with important leadership skills all while having fun and opportunities to meet other youth across the state! Don't miss out on the great opportunity.

Join our "REMIND" messages so you won't miss out on important information.

For High School Text @cchslead to 81010

For Middle School Text @ccmsste to 81010

Upcoming High school opportunity: Area Teen Council will meet in Livingston County near Patti's on Monday, January 8th! This is for high school youth. We will have some fun, drink hot chocolate and look at Patti's lights.

Transportation can be provided.



Our teens had a great time at our last ATC meeting making tie dye 4-H tshirts!

Cooking Clubs!

We have 2 4-H Cooking Clubs!



One is for youth in 4th-8th grade and meets on the 3rd Thursday of each month (except for December, it is on December 14th) from 5:30PM-6:30PM

They are having a great time learning new cooking skills. This last month they made Apple Pie roll ups!

The other Cooking Club is a partnership with the 21st Century at the High School and is open to all High School



Youth. We made Apple Berry Salsa last month so we could practice our cutting skills. If you'd like to join this club contact Jeff Hughes at the High School. We meet Nov. 28, and Dec. 12.

Homeschool Club



Crittenden/Lyon Homeschool Club has been meeting monthly and having a great time. Last month we met in Lyon County and went on a nature hike and adopted a tree. In December we will have officer elections and conduct a Civic Engagement project. If you are a Homeschool

family or know a Homeschool family that would like to join us, please call our office for more information.

Check out this website with your parents to learn more about things *available through 4-H*:

<http://4-h.ca.uky.edu/> or
<https://crittenden.ca.uky.edu/>

Crittenden County Extension Service



CAMP GIFT CERTIFICATES



Give your child the gift of 4-H camp for Christmas! Come by our office and put a down payment on camp. We will then give you a gift vouchers to show that you have made a purchase for their camp experience. They make a great

STOCKING STUFFER!



Save the camp date!
July 15-19, 2024



PIGGY BANK DESIGN CONTEST

Congratulations to our county Piggy Bank Contest winners! Pictured below from L-R are the winning entries. 1st place: Kanyon Piper, 2nd place: Charlotte Vince, 3rd place: Morgan Samples



Thanks to donations from our local banks (Farmer's Bank, People's Bank, C-Plant, and First United) these youth will be receiving a cash prize! Youth will be contacted for more info.

Congratulations to our TOP SELLERS!!!!

Caroline Martin - 1st place

Phillip Barnes - 2nd place

Aliza Maraman - 3rd place

**Middle School Leadership Club-
Highest selling club**



BE READY FOR A SNOW DAY AND STOCK UP ON SUPPLIES & GET A HEAD START ON YOUR FAIR PROJECTS! FAIR PROJECT SUPPLIES WOULD MAKE A GREAT CHRISTMAS PRESENT!



4-H Snow Day Fair Projects

DON'T GET SNOWED IN WITHOUT A 4-H FAIR PROJECT TO WORK ON! HERE IS A LIST OF SOME PROJECTS YOU CAN DO AT HOME.

- Use acrylic paint to create a painting or abstract painting.
- Use watercolors and a variety of techniques to create a painting.
- Use acrylic, watercolor, or colored pencils to create a self portrait.
 - Use oils or oil pastels on canvas or canvas board to create a painting.
 - On an 8X10 board, create a sand painting.
 - Create intricate designs using a wax resist method.
- Draw a subject that fits into a circular shape and use a medium to color it in.
- Create your own cartoon character showing motion. You must create at least three blocks.
 - Sketch animals or other objects using pen and ink.
- On 8 1/2X11 piece of paper, rewrite a quote, poem or pledge using Calligraphy. Be sure to include the author.
 - Create an object from self hardening or firing clay.
 - Create a mask using clay emphasizing form and texture.
- Experiment with cotton using molds and shaping to form bowls. Enhance the cotton with colored pencils, threads, floss, dried flowers to make a unique creation.

There are lots more projects to work on this winter. Come by our office for a complete listing of Fair Projects!

Do you like to write stories, poetry, songs? The **Written Communications Contest** is a great way to showcase your talents!



Kentucky 4-H

Written Communications Contest

The 4-H Communications Contest is a State level competition for Youth Ages 9-18 who have a passion for writing

Providing youth with the ability to enhance and develop communication skills is of great importance in Kentucky. The development of communications skills is one of the preeminent skills necessary to grow as an individual, a community member and a leader. Using age-appropriate activities selected from the approved Kentucky 4-H Communications & Expressive Arts Curriculum, educators can maximize the ability of youth to develop their writing, reading and personal communication capacities. This in turn creates a solid foundation for positive youth development.

Categories

Songwriting | Poetry | Original Monologue | Press Release
Public Service Announcement | "What 4-H Means to Me" Essay

Entries due to the county by 02/26/24

KIDS IN THE KITCHEN

Warm up with these delicious recipes this winter or make some gifts to share!

Kettle Corn

This kettle corn is just enough to satisfy your sweet tooth while being healthier than a store-bought version. It makes an easy, inexpensive gift as well! Check out our Stovetop Popcorn for plain or savory popcorn options.

<https://www.snap4ct.org/kettle-corn.html>

Makes: 8 servings

Ingredients

½ cup **popcorn kernels**

¼ cup **canola oil**

¼ cup **sugar**

Instructions

1. Heat canola oil in a large pot over medium-high heat, along with 4 popcorn kernels.
2. Once all 4 kernels have popped, add rest of kernels and sugar, and stir quickly. Put lid on pot, then shake pot continuously over heat (to prevent burning) until popping slows and stops.
3. Remove from heat.

Hot Cocoa in a Jar

Ingredients

- 1 cup sugar
- 1 cup unsweetened cocoa
- 1 cup powdered milk
- 1/2 cup miniature marshmallows
- 1/2 cup chocolate chips
- 1/2 cup white chocolate chips
- 1-quart mason jar

Instructions

1. Using a clean quart jar, layer the ingredients starting with the unsweetened cocoa.
2. When ready to serve, store in an air-tight container.
3. Add 1/3 cup of mix to one cup of hot water.
4. Makes 12 servings.
5. Attach an instruction tag to each jar.

4-H Calendar



December 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 County Trash Sculpture Contest	2 Christmas Parade 5PM, line up 4:30
3	4 Geology Club 3:30PM Mineral Museum	5 Mrs. Leslea gone to Extension Conference	6 Livestock Club 4PM, Ext Annex	7 Early American Heritage Club 4:00PM 5th grade In-School Club 4-H GROWS HERE	8 CCHS Leadership Club JOIN THE CLUB	9
10 Area Trash Sculpture Contest Country Ham Sign up Due Emerald Club	11 4th grade In-School Club High School Cooking Club	12 STUFF THE BUS Horse Club 4PM, Ext Annex Cloverbuds	13 TLA Cooking Club, Ext Annex 5:30PM	14 CCMS Leadership Club	15	16
18	18	19	20 No School	21	22	23
24 The Spirit of Christmas	25 Merry Christmas	26 No School & through Jan 2nd	27	28	29	30
31						

Upcoming Dates:

General:

See calendar for dates

Dec 15- Achievement

Apps due to the State

Save the dates!

High School Ski Trip

Jan 18-20, 2024

SUMMIT

(For Middle School)

March 21-23, 2024

TEEN CONFERENCE

(For 8th-12th grade)

JUNE 11-14, 2024

4-H CAMP

July 15-19, 2024

Office will be closed

December 25-January 1

4-H Calendar



Upcoming Dates:

General :
See calendar for dates

Save the dates!
















SUMMIT
(For Middle School)
March 21-23, 2024

TEEN CONFERENCE
(For 8th-12th grade)
JUNE 11-14, 2024

4-H CAMP
July 15-19, 2024



January 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1  Office Closed	2	3	4 4th grade In-School Club Early American Heritage Club 4:00PM 	5 Homeschool Club Lyon County 	6
7 	8 Geology Club 3:30PM Mineral Museum Area Teen Council Grand Rivers 6PM	9 4-H Council meeting 8:05AM High School Cooking Club 	10  Livestock Club 4PM Ext. Annex	11 TLA 	12 CCMS Leadership Club 	13
14	15 Holiday – no school Emerald Club TBD 	16	17 Horse Club 4PM Ext. Annex Cloverbuds 	18  5th grade In-School Club Cooking Club, 5:30PM 	19 Leadership Ski Retreat 	20
21	22	23  High School Cooking Club	24	25	26 CCHS Leadership Club  JOIN THE CLUB	27
28	29	30	31 Ham and Bean Lunch 4-H Fundraiser 